



Parenting your Teenager Classes for Spanish-speaking Parents

Do you have a teenager between 12 to 18? Is your teenager not making the right decisions? Would you like to have the opportunity to know other parents and share educational strategies, including ways to stay connected with your teen?

Topics Include:

- 5 Base concepts to being the parent of a teenager
 - Love and connection
 - Monitor and observe
 - Guide and Limit
 - Lead by example
 - Provide and advocate
- Understand what my teen is going through
- Communication between Parents and teen
- How to develop responsibility in my teen.
- Independent growth and self-esteem
- Peer pressure



- Schedule:** Eight Sessions, one and a half (1.5) hours each.
One day per week, during evening hours. (excluding holidays)
- Cost:** \$30 per person/\$45 per couple (cost covers all eight sessions)
- Certificate:** Completion of all eight sessions is required for certification.
Sessions can be joined at any time and completed in any order.

*For more information and registration, please call 804-728-0048
or visit www.LatinosEnVirginia.com/parenting*

